



CMU Football Meets CCS

Hi. My name is John Bonamego and I'm fighting cancer. In February of this year, I was at the top of my world as I just got the job my wife Paulette and I, had always dreamed of, to be the Head Football Coach at Central Michigan University. After 27 years of coaching in college and the NFL, I got the job I dreamed of, and the area I wanted to live in. The best way I could express my feelings, was I was Happy! Happy! Happy!

I then went to the doctor to have a check-up on some discomfort I was having in my throat, and BOOM! Reality set in, as I was diagnosed with cancer of the tonsils and it had spread into one of my glands. I couldn't believe that it could happen to me, but it did. I was told I could have a 90 percent chance to beat it, but it would take a considerable effort.

I accepted this challenge and got after it with the help of a number of volunteers. I started making trips to Ann Arbor Monday thru Friday during the week, where the only piece of equipment required for my treatment was in the state of Michigan. With chemotherapy on Monday, and radiation the rest of the week, we started daily treatments July 6th and continued them thru August 21st.

This was one tough way to start a new job, and the job I always prayed for. I could see the chances for a 1st down and victory! As I was going through this procedure I wondered, how do people without all the help I have do it? I had cars, drivers, and financial assistance. How do those who are not so fortunate do it?

This question became bigger to me, and then I heard about Community Cancer Services, who can assist those in need for travel and the Isabella Pardee Foundation to help with funding for doctors, medicine, and radiation.

It became clear why Paulette and I wanted to return to Mount Pleasant to live and work. The people here who come forward to assist those who need help and give support and money as well as their personal assistance. This is what Mount Pleasant is!

I will need to continue my fight against cancer as will others. Will you step forward with me for those who need our help?

Together we can win this game!

Fire up Chips!

John Bonamego, Head Football Coach

CCS Makes a Difference in Isabella County

- Has been helping cancer patients in Isabella County since 1982.
- Is run completely by volunteers and almost every penny goes directly to meet patient's needs.
- Pays transportation costs in addition to medical expenses.
- Pays for mammograms during National Breast Cancer Month for those without adequate health insurance.
- Maintains at the public library a rack of current National Cancer Institute booklets on many kinds of cancer.
- Supports the Nancy Carey Support Group for women in Mt. Pleasant.
- Your tax-deductible donations, gifts, memorials stay here in Isabella County for research, patient support and education.

Morey Cancer Center Approved Member of Karmanos Cancer Institute.

Long distance travel to Detroit is no longer needed to receive services from the world renowned Karmanos Cancer Center. In August of this year, McLaren Central Michigan's Morey Cancer Center was approved as a member of the Barbara Ann Karmanos Cancer Institute. "This approval signifies the Morey Cancer Center's commitment to delivering high-quality standards of care. Their partnership expands the area and scope of physician expertise - sharing in current innovative treatments, expanded clinical and research capabilities and bringing the most up-to-date, evidence-based practices of cancer treatment to the central Michigan area."

Morning Sun, 8/20/2015

CCS is not affiliated with American Cancer Services

Free Breast Exam

October is Breast Cancer Awareness Month.

In recognition of Breast Cancer Awareness Month, Board Certified General Surgeon Sandra L. Howell, MD. FACS, breast care specialist, and Board Certified Medical Oncologist Somdev Roy, MD will be offering free, private clinical breast exams on Wednesday, October 14th. Appointments are available 4 – 6 pm at the Karmanos Cancer Institute at McLaren Central Michigan, Morey Cancer Center, 1221 South Dr., Mt. Pleasant. Call 989-779-5606 to schedule your free appointment.

Reprinted from "Connection" McLaren Central Michigan, Fall 2015.

Free Lung Cancer Screening

November is Lung Cancer Awareness Month

In recognition of Lung Cancer Awareness Month, McLaren Central Michigan is offering free low-dose radiation chest CT scans on Wed., Nov. 4. Free appointments available 4 – 7 pm.

The National Cancer Institute recommends this type of screening for individuals at high-risk for lung cancer. To be eligible for the free screening, individuals must:

- o Be between the ages of 50 and 75
- o Be a current or former smoker with a 30-pack/year history*
- o Have not had a CT scan of the lung in the past 12 months.

To schedule an appointment, call 989-779-5606.

*Pack-years are calculated by multiplying the number of packs of cigarettes smoked per day by the number of years the person has smoked.

Pardee Cancer Fund of Isabella County

Isabella County residents are fortunate to have the Pardee Cancer Foundation available to help with the expenses of cancer. Pardee provides financial support for expenses not covered by insurance to Isabella County residents undergoing cancer treatment. Call 989-772-6895 for more information.

Nancy Carey Support Group for Women

This amazing group of compassionate women meets the last Wednesday of each month to provide friendship, information and comfort to those who have had a cancer diagnosis recently or in the past. Women at any stage of diagnosis or treatment are welcome to attend. The meetings are informal, upbeat and informational and begin at 7:00 pm and are held the last Wednesday of each month at Oxford Row/Canterbury club house. Call Giesela Moffitt at 772-1602 for more information.

Veterans Day Concert

Presented by Central Michigan Community Band

Sponsored by Krapohl Ford

Sunday, November 8th – 3:00 pm • Plactha Auditorium, CMU

Important Phone Numbers

Pardee Fund of Isabella County	772-6896	NCI (up-to-date information)	1 800-4CANCER
Community Cancer Service	772-2524	Y-ME: (24 hour breast cancer hotline)	1 800-221-2141

Current CCS Board Members

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Bill Sowle..... 773-3673

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Megan Wedge-Bair 944-4843

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Mary Ann McPherson 772-4673

Service Coordinator

Vanda Barker..... 772-2524

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Betty Campbell 773-9639

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Educational Coordinator

Karen Williamson 773-5478

Mastectomy Counselors

Betty Stiff..... 644-2334

Ruth Anne Sowle 773-7648

Newsletter Co-Editors

Zora Walsh 773-0346

Ruth Anne Sowle 773-7648

Professional Advisors

Sandra Howell, M.D.

Somdev Roy, M.D.



www.smile.amazon.com

 Make your next purchase with “Amazon Smile” to donate a percentage of your purchase total to ICCS! It’s easy to designate to CCS – Under the pull down menu, select “Community Cancer Services of Isabella County” and your donation will be made.

CCS Appreciates the Support of the Community

Thank you to:

- Coyne Oil for donating gas cards that are supplied to our clients needing immediate transportation help.
- “Miles for Miracles” students from the Mt. Pleasant schools for their generous donation of almost \$6,000 again this year.
- Home Builders Association for their donation for breast cancer.

Need a Tax Deduction – CCS is a good Choice

When donating to CCS, you know that your money will be spent to help local people with their struggle with cancer. CCS is a 501-c-3 fully tax deductible organization so all of your donations count.

Mileage Program for Cancer Treatment Travel

Did you know that CCS will help pay your mileage to and from cancer treatment? With gas at over \$3.00 per gallon, this will help fill up the tank. Last year, 201, CCS provided almost \$60,000.00 in medical mileage to their clients. Call Vanda, Patient Coordinator, at 772-2524, for more information.



President Harold Cook to Retire New Officers Appointed

Harold Cook, the president of CCS for the last 3-1/2 years is leaving our community and with his wife Mary is moving to Pittsburg to be close to family (and grand-kids). Harold has been a dedicated leader of CCS and has been instrumental in CCS becoming more recognized in the community. Best Wishes to Harold and his wife on their move.

With the retirement of President Harold Cook, the present vice president Bill Sowle will assume the duties of president for the remainder of this year. Megan Wedge Bair was appointed to the position of vice president to fill the term left open by Bill Sowle.

CCS Board of Director Meetings are held the second Thursday of each month at 6:30 pm at the Commission on Aging building on Lincoln Road. New members are always welcome. This month we would like to welcome four new members: William Odykirk, Carolyn Kaya, Richard and Diane Fleming. They each bring lots of community exposure and knowledge to the board. Welcome. If you are looking for a tangible way to give back to your community, consider CCS. For more information call Vanda at 772-2524.

Women Battling Cancer Can Look Good... Feel Better

Headliners Salon stylists will offer a hands on program on March 9th from 9:30 to 11:30 am at the Morey Cancer Center. Their trained, licensed cosmetologists will give instructions on makeup, skin care, nail care and suggestions for using wigs, turbans and scarves. Contact the ACS @ 800-227-2345 to register for this free program.

Memorials / Luminary Request Form

Yes, I would like to make a tax deductible donation to Community Cancer Services.

Please accept this contribution in the amount of \$ _____

In Memory of: _____ or in Honor of: _____

Your name: _____ Phone: _____

Address: _____

City, State, Zip: _____

Send to: Community Cancer Services of Isabella County, PO Box 36, Mt. Pleasant, MI 48804-0036

An acknowledgement will be sent to the person or family you choose. Your gift will help fight cancer in a concrete way.



*Please make a luminary in honor of _____
for the “Into the Light” cancer awareness walk this fall.

COMMUNITY CANCER SERVICES OF ISABELLA COUNTY

“Your Local Cancer Organization”

PO Box 36
Mt. Pleasant MI 48804-0036

NON-PROFIT ORG.
U.S. POSTAGE
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Ithaca, MI
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In Memory of *Julia Sias*
5/7/93 - 8/19/98

Dx: Brainstem Glioma 12/1/97

Newsletter Donated in part by Julia's family at:
E & S Graphics, Inc. - 989 875 2828

17th Annual

“Into the Light”

Cancer Awareness Walking Event

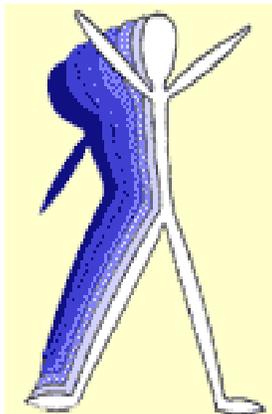
**Community Cancer Services
of Isabella County**

“Your Local Cancer Organization”

Friday, September 25, 2015

3:00 pm to 10:00 pm

Island Park, Mt. Pleasant



- Survivors Candle Light Ceremony, Celebration and Walk – 7:00 pm
- Teams now forming
- Luminaries line the pathway for the event
- Walk as a survivor, family, friend or volunteer
- Entertainment, Silent Auction, Live Auction, Team Competition, Family Activities, Children Games

For more information call or to order luminaries in advance:
Suzanne 644-2504 or 621-4096
Zora 773-0346
Megan at wedge1ml@gmail.com
Forms available at www.isbellacommunitycancer.org

17th Annual

“Into the Light Cancer Awareness Walk Friday, September 25th * Island Park



Bring your cancer survivor for the Cancer Survivor Candlelight program and walk at 7:00 pm. Luminaries in honor of cancer survivors and those that have passed light the pathway during the event. Opening ceremony at 3:00 pm with games, food, clowns, music.

Lots of volunteers are needed to help with the event. For more information contact zwalsh1@yahoo.com, Megan at wedge1ml@gmail.com, Suzanne at 621-4096 or log onto our web site at www.isbellacommunitycancer.org.

Breast Cancer Awareness Month – Mammograms Available

For the last ten years, CCS has been offering mammograms to individuals without adequate health insurance during October, “Breast Cancer Awareness Month”. Early detection is the key to breast cancer survivorship and if we helped just one man or woman with an early detection, we will have met our goals. To schedule an appointment call Vanda at 772-2524.